

# a kitchen miracle!

by Dr. Enid Taylor

**K**itchen appliances just went broadband – maybe it's time to chuck out your old dial-up appliances and make the switch to 21st century technology! I've discovered Thermomix, a fantastic kitchen assistant for the health-minded and those wanting to be more efficient in their healthy food preparation. One magic machine which will transform your kitchen, it's a blender, soup maker, food processor, steamer, bread maker, and many more things all rolled into one. It weighs, emulsifies, steams, blends, kneads, grinds, simmers, grates, mills, mixes, crushes, chops and cooks. It practically does everything except answer the door! Janey Lee Grace, author and Radio 2 broadcaster, raves about Thermomix and can be seen on YouTube using hers. Now I know what all the fuss is about – it's more amazing than you can imagine.

If you like the idea of a German-built wizard of a machine that will turn you into a kitchen expert, then look no further. Get yourself to a demonstration and see for yourself what Thermomix can do; you may want to go home and throw away many of your space-consuming gadgets in favour of this one genius machine. Better still, do what I did: sell your old gadgets on Ebay and you may just cover the cost of your Thermomix completely. Clear your kitchen out – you will be amazed at how much you can get rid of when you get one of these.

Learn about health-giving food preparation using this revolutionary machine and how it can make you more efficient, more adept and more expert at cooking a huge variety of dishes and meals in less time than you ever thought possible. I love this appliance so much that I am hosting a demonstration at The Taymount Clinic – this demonstration is FUN, informative and FREE! Actually, I think the best word is INSPIRING!!! Plenty of information (and tasting) provided.



“IT REALLY IS AN  
UNBELIEVEABLY  
BRILLIANT  
MACHINE - I  
ADORE MINE!”



Dr Enid Taylor has personally experienced healing through nutrition and alternative therapies. Her many qualifications include: Dr of Naturopathy, Certified Instructor for Colonic Hydrotherapy, Psychologist, founder of the Natural Juice Therapy Diploma. She teaches Anatomy & Physiology, Colonic Hydrotherapy, Nutrition, and Hormone Rebalancing at the Taymount Therapist Training College.

**FREE Healthy Food and Thermomix Workshop**

**Friday 9th April 6.30pm to 9pm**

**BOOK YOUR PLACE NOW: 01462 712 500**  
Places strictly limited to 10 - first come, first served!

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**Thermomix**